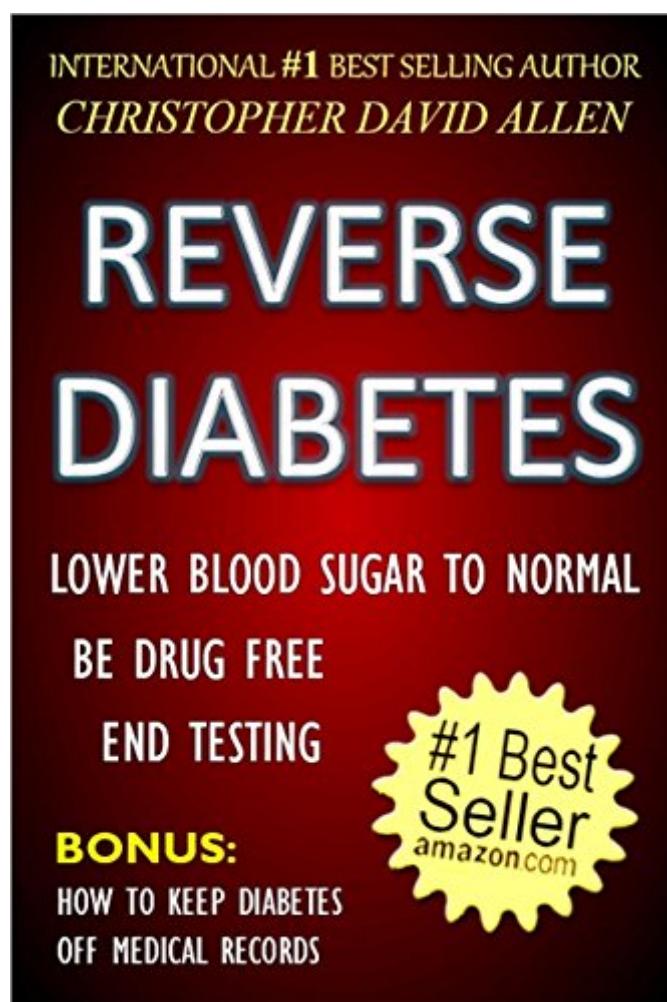


The book was found

REVERSE DIABETES - LOWER BLOOD SUGAR TO NORMAL - BE DRUG FREE - END TESTING - BONUS: HOW TO KEEP DIABETES OFF MEDICAL RECORDS





Synopsis

DIABETES IS REVERSIBLE  HERE IS THE EASY PROVEN PROCESS ... READ ONBy International #1 Best Selling & #1 Best Selling AuthorCHRISTOPHER DAVID ALLENDOCTOR REVIEWS: "The must-have diabetes avoidance and reversal guide (Dr. Jonathan Johnson MD) Overall I read it and I can tell you that it is very concise and easy to understand for patients. A great tool for diabetics and patients that are dealing with elevated sugars (Dr. Andreas Grossgold MD)Diabetes is reversible and curable without drugs.Forever vanquish needles, prescriptions, insulin, and medication side effects. These medical interventions are NOT NEEDED to reverse diabetes and live a normal long life.Normalize blood sugar, fix insulin resistance, end neuropathy pain, reverse nerve damage, and other diabetes problems. Avoid blindness, amputation, heart disease, cancer, and a painful early demise.Rebounding on a mini trampoline is recommended by the author. Rebounding is low impact, easy to do at home, and fun  Ask any kid if jumping up and down for joy is fun. An inexpensive rebounder burns calories:9 times faster than walking5 times faster than swimming3 times faster than joggingDiabetes is ranked as the #7 killer in the USA. When you consider that most diabetics have heart disease (#1 killer) or cancer (#2 killer) on their death certificates and NOT diabetes which was the underlying cause, diabetes is more like the #3 killer that causes #1 & #2A hidden problem is the big Pharmaceutical Conglomerates that are above the law and lie about the drugs. They control medical education and want to protect massive diabetes drug profits. Big Pharma wants you on their highly profitable drugs regardless of negative health effects and suffering. Big Pharma loves sick people as they are highly profitable!The drugs have many hidden risks and negative side effects.If you have Prediabetes, Type 2, Type 1, or love someone with diabetes ... This book is for you.Why suffer the consequences of diabetes when you can avoid or reverse diabetes to reclaim your life, longevity, and freedom from expensive horrific drugs.Lower blood sugar to normalBe drug freeBe pain freeEnd testingLive a normal long lifeBONUS:
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Customer Reviews

This comprehensive guide is an excellent source of information regarding the different types of diabetes and the ways to prevent, combat and test for them. I love the all natural approach that stresses the importance of good nutrition and diet as well as exercise. It tells you the right foods and supplements to intake and the ones to avoid. With detailed descriptions, charts and other info graphics this book covers just about everything you need to know. It is well written and well

researched and I highly recommend this book for anyone who wants to learn more about diabetes. It is even more applicable to someone who already has been diagnosed with it, as it has countless remedies to help you lower your blood sugar without insulin or other medicines. Excellent book!

When I read the summary for "REVERSE DIABETES - LOWER BLOOD SUGAR TO NORMAL - BE DRUG FREE - END TESTING - BONUS: HOW TO KEEP DIABETES OFF MEDICAL RECORDS" by Christopher David Allen I knew this was a book that I not only wanted to read but had to read for my health and the health of my family. Growing up I saw my grandmother go blind from diabetes and almost lose her foot to amputation. I have been borderline diabetic for years and many in my family suffer from this disease. After reading this amazing book I realize that I'm wrong in calling this a disease and that I can change make lifestyle changes that will control my blood sugar. I have listened to the medical community and big pharma which is why reading this book was an eye opening experience. Christopher David Allen has written a powerful and life changing book that will prevent you from becoming diabetic or reverse diabetes. This book is a wealth of information. Read this book and you will learn about the dangers of statin drugs & insulin. Also, find out how to control your blood sugar by reducing stress, sleeping better, raw foods, nuts and seeds, sprouts, apple cider vinegar, juicing, drinking enough water and so much more. I can't begin to list all that you will learn from this remarkable book. Once I picked this book up I couldn't stop reading it because you will soon learn that the media, many in the medical community and the pharmaceutical companies are the ministers of misinformation who profit off you taking medication and remaining sick. Break free and learn the information contained within the pages of "REVERSE DIABETES - LOWER BLOOD SUGAR TO NORMAL - BE DRUG FREE - END TESTING - BONUS: HOW TO KEEP DIABETES OFF MEDICAL RECORDS" by Christopher David Allen. Learn to live longer, reverse or avoid diabetes and be disease free along with living a higher quality of life. I highly recommend this book and wish I could give it six stars!

It's ok. But there is really noting in here you can't find for free on the internet. The advantage is it's organized and all in 1 place. I did some tests and my worries were alleviated. I am not pre-diabetic as so many people in my age range are.

Common sense approach. Recommended supplemental. And best foods to eat and avoid. Also recommended excercise to keep the body healthy .

Another remarkable book by International Best Selling and 22-time #1 Best Selling Author (check out his other books in the How To Book & Guide For Smart Dummies Series). This ground-breaking book is the best guide about reversing or avoiding diabetes out there. There is much info you will NOT see in any other book about diabetes (all types of diabetes including prediabetes, type 1, type 2, LADA, and gestational). The Author correctly points out a common medical misconception that diabetes is NOT a series of diseases, all forms of diabetes share the single symptom of "high blood glucose". The process Mr. Allen advocates to use inexpensive self-testing at home with an inexpensive test meter gives significant advantages: 1 Avoiding a diabetes diagnosis on your medical records could save you a small fortune on medical insurance and life insurance that would otherwise see much higher rates or denial of insurance. 2 No need to visit a doctor, clinic, or hospital for diagnosis and treatment can save you a small fortune and a lot of time in doing so. 3 Discovering your own custom anti-diabetes diet to quickly reverse diabetes and end the need for testing, medications, and needles. 4 Reclaim normal longevity and a higher quality of life, without suffering the diseases commonly associated with diabetes (heart disease, stroke, cancer, blindness, amputation, and the list goes on). The diet advise is outstanding and it is important to note that a diabetes diet is much easier to follow than weight loss diets that fail. This is because you will be discovering the foods you love that achieve lower blood sugar and finding good foods to substitute for the bad ones that spike your blood sugar. The exercise recommendations are outstanding and rebounding is especially beneficial as well as FUN (just ask any kid if jumping up and down on a mini-trampoline is fun and you won't believe the numerous benefits). I hope I've got your curiosity peaked to buy this inexpensive book and I assure you that you won't regret it if you have diabetes, want to avoid diabetes, or love someone who has diabetes. **HIGHLY RECOMMENDED AND A 5-STAR BARGAIN!**

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